Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure RI 73-879 that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at www.AetnaFeds.com, and view the Glossary at www.cciio.cms.gov. You can call 1-888-238-6240 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-Network: Self \$1,000 / Self Plus One or Self & Family \$2,000. Out-of-Network: Self \$1,500 / Self Plus One or Self & Family \$3,000.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. In- <u>Network</u> and Out-of-Network <u>deductibles</u> do not cross apply and will need to be met separately before this <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. In- <u>network preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the deductible amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the out-of-pocket <u>limit</u> for this <u>plan</u> ?	In-Network: Self \$5,000 / Self Plus One or Self & Family \$10,000. Out-of-Network: Self \$6,000 / Self Plus One or Self & Family \$12,000.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. In- <u>network</u> and out-of-network <u>out-of-pocket limits</u> do not cross apply and will need to be met separately before this <u>plan</u> begins to pay.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this plan doesn't cover & penalties for failure to obtain preauthorization for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetnafeds.com or call 1-888-238-6240 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an out-of-network provider & you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge & what your <u>plan</u> pays ( <u>balance billing</u> ).
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

999999-222222-202310





All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	15% <u>coinsurance</u>	40% coinsurance	None
If you visit a health	Specialist visit	15% coinsurance	40% coinsurance	None
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	40% coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	15% coinsurance	40% coinsurance	None
•	Imaging (CT/PET scans, MRIs)	15% coinsurance	40% coinsurance	None
	Preferred generic drugs	Copay/prescription: \$10 (retail), \$20 (CVS retail & mail order)	40% coinsurance	Covers 30-day supply (retail), 31-90 day supply (retail at CVS pharmacy & mail order).
If you need drugs to treat your illness or condition  More information about	Preferred brand drugs	50% coinsurance up to maximum/prescription: \$200 (retail), \$400 (CVS retail & mail order)	40% coinsurance	Includes contraceptive drugs & devices obtainable from a pharmacy. No charge for preferred generic FDA-approved women's contraceptives from preferred pharmacy.  Review your formulary for prescriptions
prescription drug coverage is available at www.aetnafeds.com/phar macy.php	Non-preferred generic/brand drugs	50% coinsurance up to maximum/prescription: \$300 (retail), \$600 (CVS retail & mail order)	40% coinsurance	requiring precertification or step therapy for coverage. Your cost will be higher for choosing Brand over Generics.
	Specialty drugs	50% coinsurance up to maximum/prescription: \$350 (preferred), \$700 (non-preferred)	Not covered	All prescriptions must be filled through the Aetna Specialty Pharmacy Network.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	15% <u>coinsurance</u>	40% coinsurance	None
surgery	Physician/surgeon fees	15% <u>coinsurance</u>	40% coinsurance	None
	Emergency room care	15% coinsurance	15% <u>coinsurance</u>	No coverage for non-emergency use.

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
If you need immediate	Emergency medical transportation	15% coinsurance	15% coinsurance	None
medical attention	<u>Urgent care</u>	15% coinsurance	15% coinsurance	40% coinsurance for out-of-network non-urgent use.
If you have a hospital	Facility fee (e.g., hospital room)	15% coinsurance	40% coinsurance	<u>Pre-authorization</u> required for out-of-network care.
stay	Physician/surgeon fees	15% <u>coinsurance</u>	40% coinsurance	None
If you need mental health, behavioral health, or substance	Outpatient services	Office & other outpatient services: 15% coinsurance	Office & other outpatient services: 40% coinsurance	None
abuse services	Inpatient services	15% coinsurance	40% coinsurance	<u>Pre-authorization</u> required for out-of-network care.
	Office visits	No charge for prenatal care & first postnatal visit	40% coinsurance	Subsequent postnatal visits 15% coinsurance for participating providers & 40% coinsurance for non-participating providers.
If you are pregnant	Childbirth/delivery professional services	15% coinsurance	40% coinsurance	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e.
	Childbirth/delivery facility services	15% <u>coinsurance</u>	40% coinsurance	ultrasound). Includes outpatient postnatal care. <u>Pre-authorization</u> required for out-of-network care may apply.
If you need belo	Home health care	15% coinsurance	40% coinsurance	1 visit/day up to 4 hours/visit, up to 60 visits per member/calendar year. Pre-authorization required for out-of-network care.
If you need help recovering or have other special health needs	Rehabilitation services	15% coinsurance	40% coinsurance	60 visits/calendar year for Physical & Occupational Therapy combined, 60 visits/calendar year for Speech Therapy.
IICCUS	Habilitation services	15% coinsurance	40% coinsurance	None
	Skilled nursing care	15% coinsurance	40% coinsurance	60 days/calendar year. <u>Pre-authorization</u> required for out-of-network care.

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Durable medical equipment	15% coinsurance	40% coinsurance	Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.
	Hospice services	15% coinsurance	40% coinsurance	<u>Pre-authorization</u> required for out-of-network care.
	Children's eye exam	No charge	40% coinsurance	1 routine eye exam/12 months.
If your child needs dental or eye care	Children's glasses	Limited to available Medical Fund balance	Limited to available Medical Fund balance	None
denial of eye care	Children's dental check-up	No charge – Preventive care	Limited to available Dental Fund balance	Other dental care is limited to available Dental Fund balance.

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your plan's FEHB brochure for more information and a list of any other excluded services.)

- Cosmetic surgery
- Hearing aids

Long-term care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan's FEHB brochure.)

- Acupuncture 10 visits/calendar year for disease, injury, and chronic pain.
- Bariatric surgery
- Chiropractic care 20 visits/calendar year.
- Dental care (Adult) Limited to available Dental Fund balance.
- Infertility treatment
- Routine eye care (Adult) 1 routine eye exam/12 months.
- Routine foot care Limited to active treatment for a metabolic or peripheral vascular disease.
- Weight loss programs Limited to dietary and nutritional counseling.

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-888-238-6240 or visit <a href="www.opm.gov/healthcare-insurance/healthcare/">www.opm.gov/healthcare-insurance/healthcare/</a>. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse

equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="Health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your plan's FEHB brochure. If you need assistance, you can contact: 1-888-238-6240.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-888-238-6240.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-238-6240.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-888-238-6240.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-238-6240.]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,000
Specialist coinsurance	15%
■ Hospital (facility) coinsurance	15%
■ Other coinsurance	15%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests – may include non-routine services (ultrasounds and blood work)
Specialist visit (anesthesia)

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	\$1,000
■ Specialist coinsurance	15%
■ Hospital (facility) coinsurance	15%
Other coinsurance	15%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,000
■ Specialist coinsurance	15%
■ Hospital (facility) coinsurance	15%
Other coinsurance	15%

### This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

## In this example, Peg would pay:

<u>Cost Sharing</u>	
<u>Deductibles</u>	\$1,000
Copayments	\$10
Coinsurance	\$1,300
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$2,370

Total Example Cost	\$5,600

## In this example, Joe would pay:

<u>Cost Sharing</u>	
<u>Deductibles</u>	\$1,000
Copayments	\$2,700
Coinsurance	\$100
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$3,820

|--|

## In this example, Mia would pay:

<u>Cost Sharing</u>	
<u>Deductibles</u>	\$1,000
<u>Copayments</u>	\$10
Coinsurance	\$300
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,310

6 of 6