Altius Standard DK: AETNA OPEN ACCESS

Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure RI 73-564 that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at www.AetnaFeds.com, and view the Glossary at www.cciio.cms.gov. You can call 1-800-537-9384 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-Network: Self Only \$100 / Self Plus One or Self & Family \$200	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. In-network preventive care, office visits & prescription drugs are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductible</u> s for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: Self \$6,000 / Self Plus One or Self & Family \$12,000.	The out-of-pocket limit is the most you could pay in a year for covered services.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges & health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetnafeds.com or call 1-800-537-9384 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>).
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

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		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Importan Information	
	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Not covered	None	
If you visit a health care provider's office	<u>Specialist</u> visit	\$45 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Not covered	None	
or clinic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$40 <u>copay</u> /visit	Not covered	None	
	Imaging (CT/PET scans, MRIs)	\$250 <u>copay</u> /visit	Not covered	None	
	Preferred generic drugs	Copay/prescription, deductible doesn't apply: \$7 (retail & mail order)	Not covered	Covers 30-day supply (retail), 31-90 day supply (retail at CVS pharmacy & mail order). Includes contraceptive drugs & devices obtainable from a pharmacy. No charge for preferred generic FDA-approved women's contraceptives from preferred pharmacy.	
If you need drugs to treat your illness or condition More information about prescription drug	Preferred brand drugs	Copay/prescription, deductible doesn't apply: \$50 (retail), \$100 (CVS retail & mail order)	Not covered		
coverage is available at www.aetnafeds.com/phar macy.php	Non-preferred generic/brand drugs	50% coinsurance up to maximum/prescription, deductible doesn't apply: \$240 (retail), \$720 (CVS retail & mail order)	Not covered	Review your <u>formulary</u> for prescriptions requiring precertification or step therapy for coverage. Your cost will be higher for choosing Brand over Generics.	
	Specialty drugs	30% <u>coinsurance</u> (preferred), 50% <u>coinsurance</u> (non-	Not covered	All fills must be through the Aetna Specialty Pharmacy.	

		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
		preferred), <u>deductible</u> doesn't apply			
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$650 <u>copay</u> /visit	Not covered	None	
surgery	Physician/surgeon fees	No charge	Not covered	None	
	Emergency room care	\$250 <u>copay</u> /visit	\$250 copay/visit	No coverage for non-emergency use.	
If you need immediate medical attention	Emergency medical transportation	\$100 <u>copay</u> /trip	\$100 <u>copay</u> /trip	None	
	<u>Urgent care</u>	\$40 <u>copay</u> /visit	Not covered	None	
If you have a hospital	Facility fee (e.g., hospital room)	15% <u>coinsurance</u>	Not covered	None	
stay	Physician/surgeon fees	15% <u>coinsurance</u>	Not covered	None	
If you need mental health, behavioral health, or substance	Outpatient services	Office & other outpatient services: \$25 copay/visit	Not covered	None	
abuse services	Inpatient services	15% <u>coinsurance</u>	Not covered	None	
	Office visits	No charge for prenatal care & first postnatal visit	Not covered	Cost sharing does not apply for preventive	
If you are pregnant	Childbirth/delivery professional services	15% coinsurance	Not covered	<u>services</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Includes outpatient postnatal care.	
	Childbirth/delivery facility services	15% coinsurance	Not covered		
If you need help	Home health care	\$45 <u>copay</u> /visit	Not covered	1 visit/day up to 4 hours/visit, up to 60 visits per member/calendar year.	
recovering or have other special health needs	Rehabilitation services	\$45 <u>copay</u> /visit	Not covered	60 visits/calendar year for Physical & Occupational Therapy combined, 60 visits/calendar year for Speech Therapy.	
	Habilitation services	\$45 <u>copay</u> /visit	Not covered	None	

		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Skilled nursing care	15% coinsurance	Not covered	30 days/calendar year.	
	Durable medical equipment	50% coinsurance	Not covered	Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.	
	Hospice services	\$15 copay/visit	Not covered	None	
	Children's eye exam	No charge	Not covered	None	
If your child needs dental or eye care	Children's glasses	\$100 allowance	Not covered	90% <u>coinsurance</u> after allowance up to age 18. Age and frequency schedules may	
	Children's dental check-up	Not covered	Not covered	Not covered.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your plan's FEHB brochure for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult & Child)

- Hearing aids
- Long-term care

- Non-emergency care when traveling outside the U.S
- Private-duty nursing

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan's FEHB brochure.)

- Acupuncture 10 visits/calendar year for disease, injury, and chronic pain.
- Bariatric surgery
- Chiropractic care –20 visits/calendar year.
- Infertility treatment
- Routine eye care (Adult)

- Routine foot care Limited to active treatment for a metabolic or peripheral vascular disease.
- Weight loss programs Limited to dietary and nutritional counseling.

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB <u>Plan</u> brochure, contact your HR office/retirement system, contact your <u>plan</u> at 1-800-537-9384 or visit <u>www.opm.gov/healthcare-insurance/healthcare/</u>. Generally, if you lose coverage under the <u>plan</u>, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your <u>plan</u>, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your <u>plan</u>'s FEHB brochure. If you need assistance, you can contact: 1-800-537-9384

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-537-9384.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-537-9384.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-537-9384.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-537-9384.]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan</u> 's overall <u>deductible</u>	\$100
■ Specialist copayment	\$45
■ Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests – may include non-routine services (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

In this example, Peg would pay:		
Cost Sharing		
<u>Deductible</u> s	\$100	
Copayments	\$300	
Coinsurance	\$1,300	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$1,760	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$100
■ Specialist copayment	\$45
Hospital (facility) coinsurance	15%
■ Other coinsurance	15%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)
Diagnostic tests (*blood work*)

Prescription drugs

\$12,700

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

<u>Cost Sharing</u>	
<u>Deductible</u> s	\$100
Copayments	\$1,300
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,420

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$100
■ Specialist copayment	\$45
■ Hospital (facility) coinsurance	15%
■ Other coinsurance	15%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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In this example. Mia would pay:

in this example, into would pay.		
Cost Sharing		
<u>Deductible</u> s	\$100	
Copayments	\$600	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions \$		
The total Mia would pay is	\$700	